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To ensure access to high-quality, patient-centered, cost-effective health care to Los Angeles County residents through direct services at DHS facilities and through collaboration with community and university partners.



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February 11, 2015

TO: Each Supervisor

FROM: Mitchell H. Katz, M.D.
Director

SUBJECT: HOUSING FOR HEALTH QUARTERLY REPORT

On January 14, 2014, the Board instructed the Director of the Department of Health Services (DHS) to submit quarterly reports to the Board of Supervisors on Housing for Health (HFH) permanent supportive housing outcomes including funds, costs, number and composition of clients housed; integrated health, mental health, substance disorder and benefits establishment results; utilization rate and duration of housing subsidies; number of clients transitioning off housing subsidies; and characteristics of housing units secured.

BACKGROUND

In November 2012, DHS established the HFH division to expand access to supportive housing for DHS patients who are homeless and have complex medical and behavioral health conditions and/or are high utilizers of DHS services.

HFH utilizes a full range of community based housing options, including non-profit owned supportive housing, affordable housing, and private market housing. Tenants receive federal rental subsidies such as Section 8 Project Based or Tenant Based Vouchers or a local rental subsidy through the Flexible Housing Subsidy Pool. All individuals who are housed through HFH programs are assigned to a homeless services provider to receive Intensive Case Management Services (ICMS). These services include outreach and engagement; case management with on-going monitoring and follow-up; linkage to health, mental health, and substance use disorder services; assistance with benefits establishment; assistance with life skills, job skills, and educational and volunteer opportunities; crisis intervention, etc. ICMS providers provide "whatever it takes" wraparound services to assist clients in regaining stability and improved health.

QUARTERLY REPORT

Please find attached the quarterly report in dashboard format. If you have any questions, please contact me or Mark Ghaly, Deputy Director of Community Health, at (213) 240-8107.

MHK:mg

cc: Chief Executive Office
County Counsel
Executive Office, Board of Supervisors

Attachment

HOUSING — FOR — HEALTH

Quarterly Report

October-December 2014



Health Services
LOS ANGELES COUNTY

Number of Clients Housed

- Housing for Health (HFH) clients are DHS patients who are homeless and who have complex medical and behavioral health conditions and/or are high utilizers of DHS services.

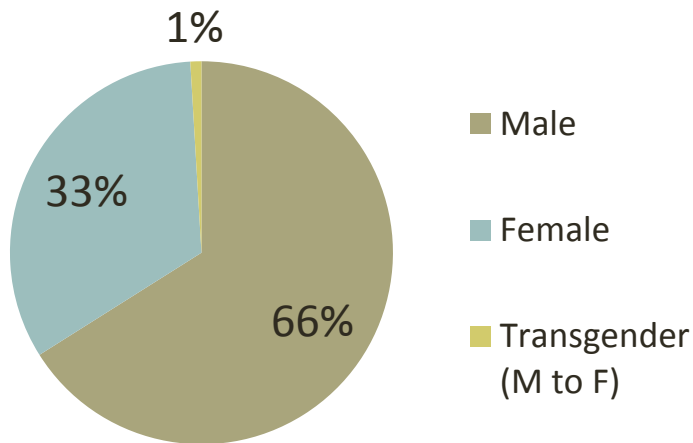


HFH Housing Outcomes

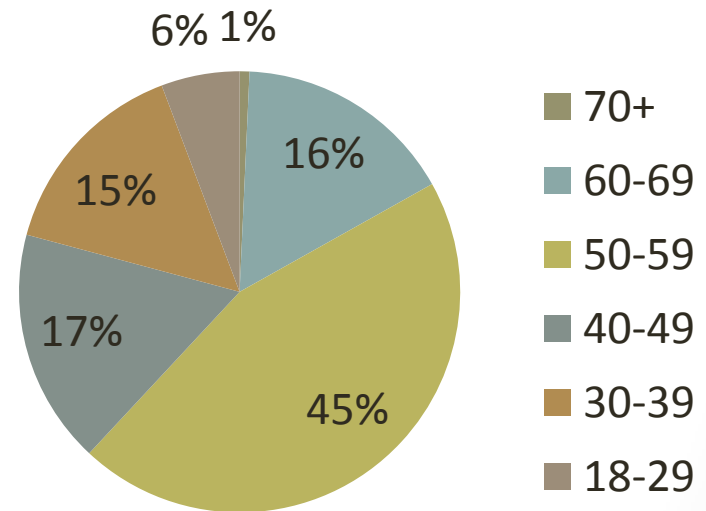
Total # of patients who have attained housing since HFH began in November 2012	558
Total # of patients who are currently housed	523
Total # of patients housed October-December 2014	94

Demographics of Clients Housed

Gender of Clients Housed (N=539)



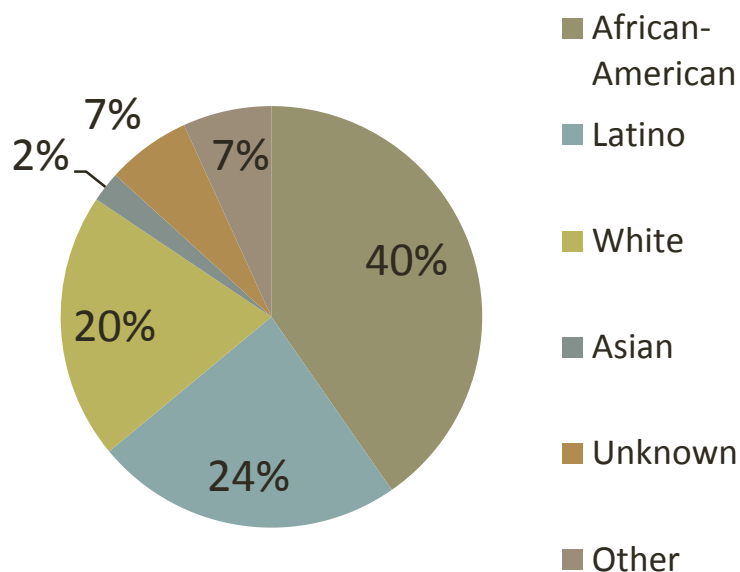
Age of Clients Housed (N=557)



*Patient data does not add to 558 due to clients who decline to state demographic information

Demographics of Clients Housed (Cont.)

Race/Ethnicity of Clients Housed (N=558)



The most common diagnoses of HFH clients:

- Hypertension
- Diabetes
- Congestive heart failure and heart disease asthma
- Cancer
- HIV/AIDS
- Hepatitis C
- Lung disease
- Depression
- Bipolar disorder
- Post-traumatic stress disorder

Housing Status and Retention

Homeless Status*

- The average length of time that patients experienced homelessness was 3 years and 7 months and the median length of time was 2 years.
- The majority of HFH clients were chronically homeless (83%), which means they were homeless for more than one year or experienced four or more episodes of homelessness in the last three years.

Housing retention rate

- 90% of tenants retained housing (remained in unit or exited to other permanent housing) after 12 months.

Exits from housing this quarter

- Seven patients exited housing this quarter. Three patients moved to a higher level of care, two voluntarily surrendered their units, and two passed away.

*Data as of 3/31/14

Flexible Housing Subsidy Pool Update

FHSP Quarterly and Program-to-date Accomplishments:	
Move ins October-December 2014	60
Total move-ins to date	182
Units secured* October-December 2014	105
Total units secured* to date	311

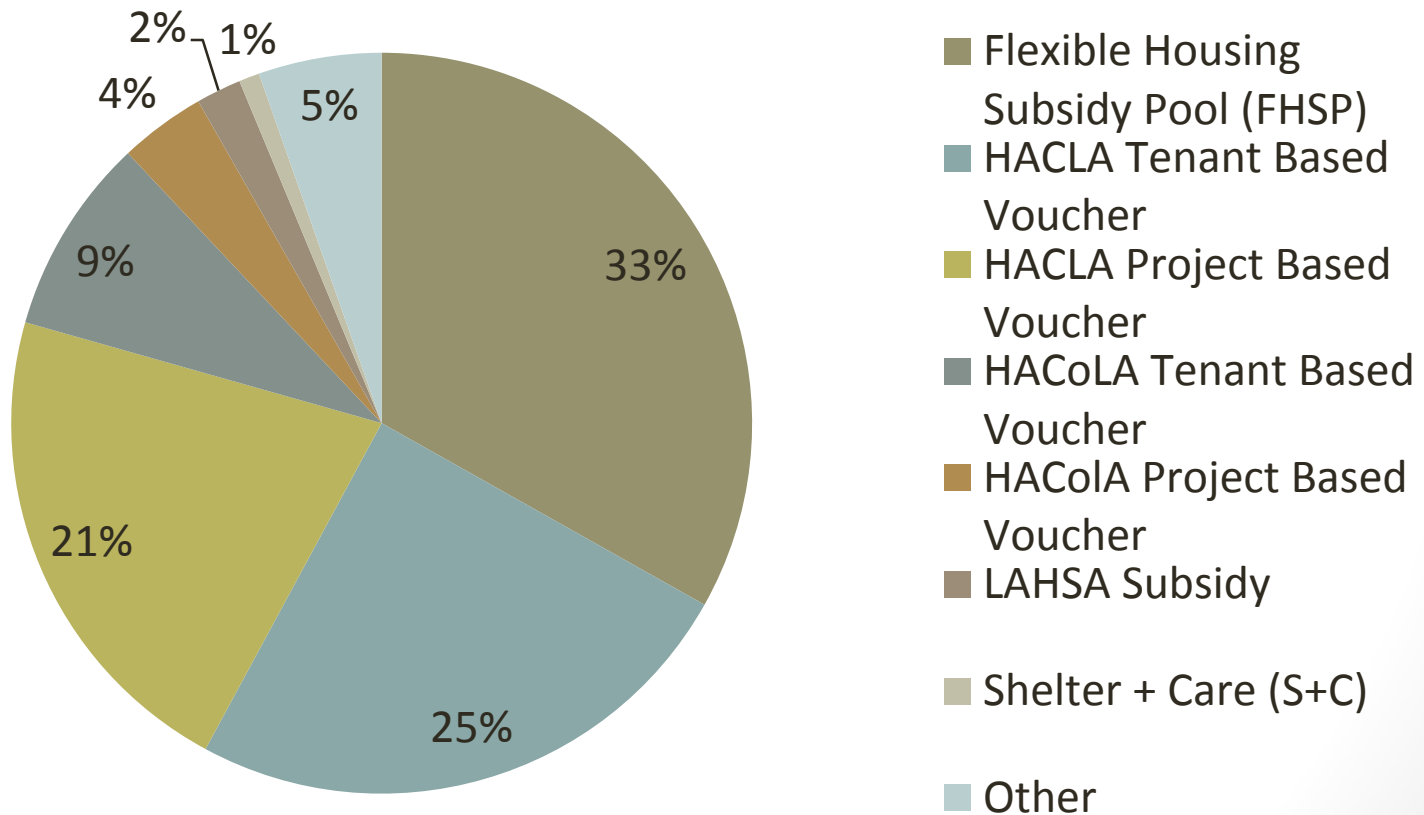
*Refers to the number of units that have been secured under a rental subsidy agreement with the property owner and includes occupied and soon to be occupied units.

Characteristics of Housing Units

- Units in the HFH portfolio range in size and type across the County from large apartment buildings to smaller single family homes and are appropriate to household size and composition.
- In the most recent quarter, Brilliant Corners secured an additional 105 units in Los Angeles County for the Flexible Housing Subsidy Pool. Of the 105 units, 32 are studios, 71 are one-bedrooms, and 2 are two-bedrooms.
- Brilliant Corners engages with private landlords, local developers, and local property management agencies, in an effort to provide a diverse pool of units to the program. From a wheelchair accessible studio unit located on the ground floor of a small 2 story apartment complex, to a 1-bedroom unit located in a 45 unit complex, Brilliant Corners is able to provide patients with a unit that offers the greatest chances of long-term housing success.

Type of Housing Subsidy

Subsidy Type for Clients Housed (N=558)



Service Integration

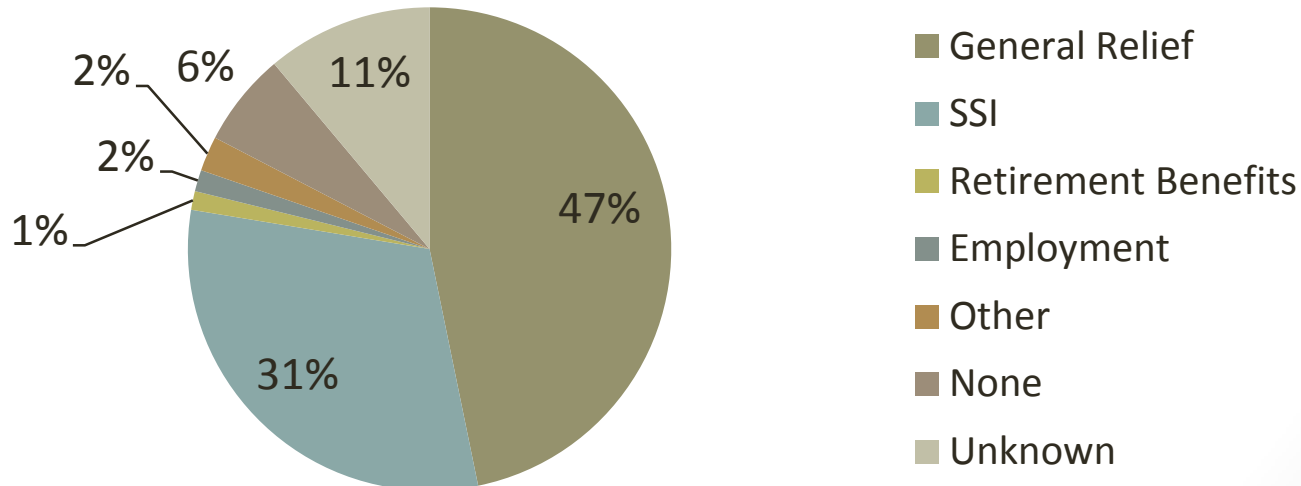
Efforts to improve County service integration:

- A representative from DPSS In Home Supportive Services (IHSS) presented at the December 3rd 2014 quarterly HFH Intensive Case Management Services (ICMS) meeting on service navigation for HFH patients. The presentation provided an overview of IHSS services and information on how to apply.
- Participated in Operation Healthy Streets in October and December with other County Departments including DPH, DMH, and DPSS to provide linkage to services, benefits, and interim housing to individuals who are homeless in the Skid Row area in advance of City street cleaning efforts.
- Collaborated with DMH to establish a process for enhanced referrals and linkage between the Star Clinic and DMH service providers and for care coordination between DHS and DMH clinicians for clients receiving services from both departments.

Client Income

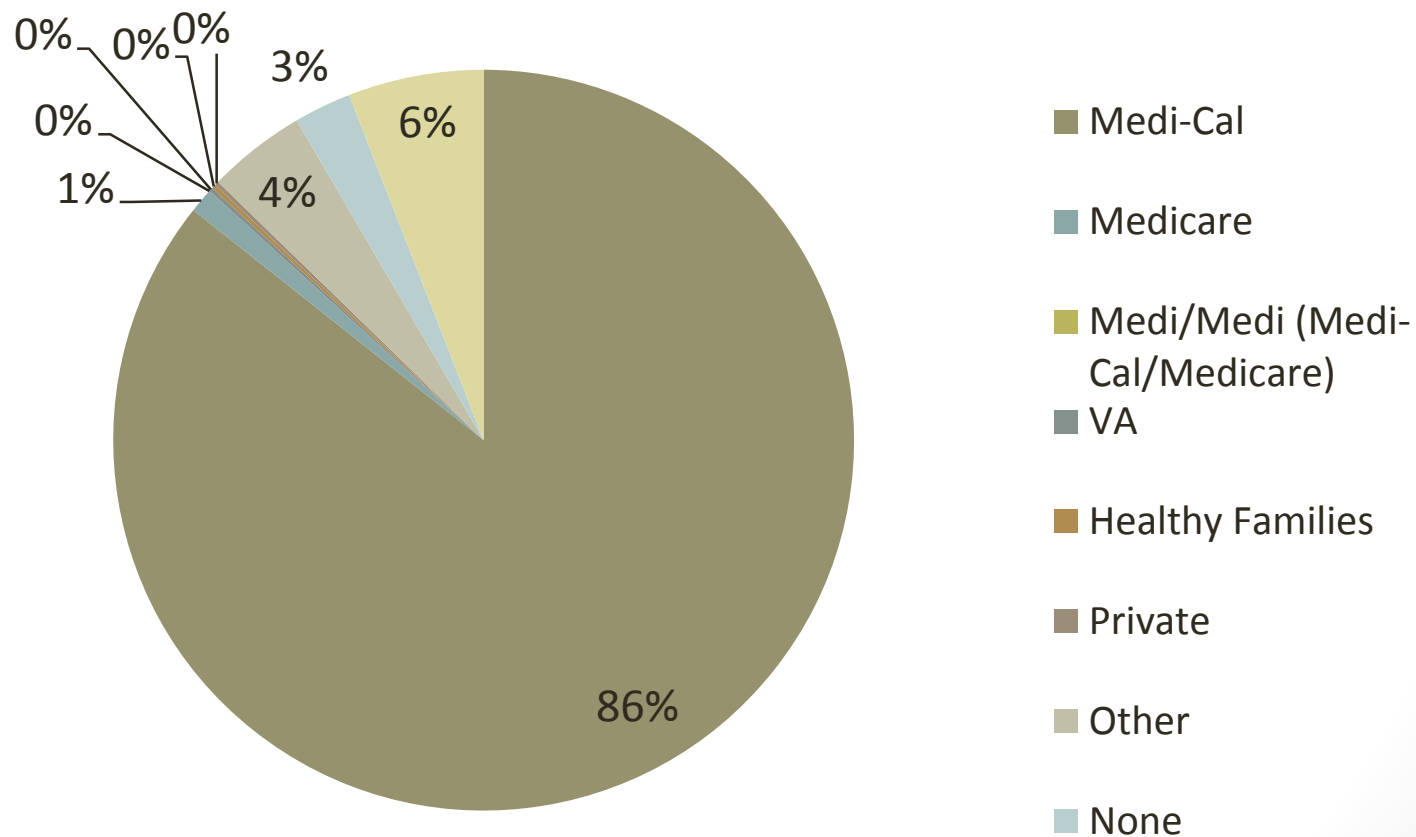
- During the client intake and assessment process, the Intensive Case Management Service (ICMS) provider obtains information on the client's income and health benefits. If the client appears to be eligible for a benefit they are not currently receiving, the ICMS provider will assist them to obtain any necessary documents and will complete and track applications for DPSS Services (CalFresh, Medi-Cal, GR, CalWORKs, and IHSS) and SSI.

Income of Clients Housed (N=558)



Client Health Insurance

Health Insurance Type for Clients Housed (N=558)



Permanent Supportive Housing Funding

- The source of funds for the Property Related Tenant Services work order to operate the FHSP is DHS County General Fund dollars, the Conrad N. Hilton Foundation, and the office of Supervisor Mark Ridley-Thomas . The estimated cost for Fiscal Year 2014-2015 is \$2,917,476.
- The source of funds for contracted ICMS services in permanent supportive housing is DHS County General Fund dollars. The estimated cost for contracted ICMS services in permanent supportive housing in Fiscal Year 2014-15 is \$4,846,677.
- The source of funds for the Property Related Tenant Services work order to operate the South Los Angeles Supportive Housing Program (a County/City initiative that provides 56 units of housing to DHS patients who are homeless) is DHS County General Fund dollars. The estimated cost for Fiscal Year 2014-15 is \$200,706.

Featured Permanent Supportive Housing Site: Burlington Apartments

- Opened October 2014
- Located West of Downtown LA
- 29 units total with 13 units set aside for HFH referrals: 7 Project Based Vouchers from HACLA and 6 Flexible Housing Subsidy Pool (FHSP) units
- Mix of studios, one bedrooms, and two bedrooms
- Developed and owned by Clifford Beers Housing
- Supportive services provided onsite by Ocean Park Community Center (OPCC)
- Computer room for all residents, community room for meetings and events, laundry facilities



Featured Client Success Story:

A new home opens up the world outside of Los Angeles

“Andrew” is a senior who lost his home after a divorce. For seven years he lived on the streets in Santa Monica. He is a very prideful and private individual and therefore sought very few mainstream services. He began to experience severe abdominal pain and a friend encouraged him to seek medical attention. Soon after he was diagnosed with colon cancer. A treatment plan was developed which included respite care at SAMOSHEL shelter, a project of Ocean Park Community Center (OPCC). In May of 2014 he began chemotherapy at LAC-USC Medical Center. His case manager started to work on a housing plan when his cancer was in remission so that he would not have to return to the streets.

Andrew was referred to HFH and through a partnership with OPCC and Clifford Beers, he was approved for an apartment in the brand new Burlington Family Apartments located west of Downtown LA. Andrew’s rent is subsidized by the HFH Flexible Housing Subsidy Pool. In his new home Andrew receives ongoing intensive support services provided by his OPCC case manager which have helped him transition to his new living situation. At the time of publishing, we are happy to report that Andrew is now cancer free.